

TRI BC WAIVER

THANK YOU TO OUR SPONSORS



RELEASE AND INDEMNITY

Please read carefully

I, THE APPLICANT, ON BEHALF OF MYSELF, MEMBERS OF MY FAMILY, MY HEIRS, EXECUTORS, ADMINISTRATORS AND ASSIGNS, HEREBY FOREVER RELEASE, DISCHARGE AND HOLD HARMLESS TRIATHLON BC (TRI BC) REPRESENTATIVES AND AGENTS FOR ANY INJURY, LOSS OR DAMAGE TO MY PERSONAL OR PROPERTY HOWSOEVER CAUSED, ARISING OUT OF OR IN CONNECTION WITH MY TAKING PART IN TRI BC ORGANIZED EVENTS AND ACTIVITIES CONTRIBUTED TO OR OCCASIONED BY THE NEGLIGENCE OF THE TRI BC REPRESENTATIVES OR AGENTS.

IN WITNESS, THEREOF, I HAVE HEREUNDER SET MY HANDS THIS

DAY OF , 2009/10

PRINTED NAME OR NAMES

PARTICIPANTS SIGNATURE PARENT/GUARDIAN IF UNDER 19YRS

WITNESS NAME

WITNESS SIGNATURE



www.angelsolutions.com

**Robert W. Cameron
Law Corporation**



Thrifty Foods



**PANORAMA CLASSIC
TRIATHLON /
DUATHLON**

SUNDAY June 6, 2010

Panorama Leisure Complex

Tri BC Provincial Race Series



RACE INFORMATION

DATE Sunday, June 6, 2010

PLACE: Panorama Recreation Complex
1885 Forest Park Dr. North Saanich

First Heat 07:30 a.m.
Body marking and bike check in 06:30
Bikes must be in transition ½ hour before heat.

Mandatory Bike Check

Fort St. Cycle
1025 Fort St
Victoria, BC (250) 384-2898
<http://www.fortstreetcycle.ca>

Mon thru Fri 10-6 p.m.
Sat 10-5 p.m.

RACE PACKAGE PICK UP

Island Runner
Friday, June 4th 4:30-6 pm

Fort St. Cycle
Saturday, June 5th 10 – 2p.m.

For out of town participants, check website

<http://www.teamxtriathlon.com/>

COURSE DESCRIPTION

Duathlon – run 2k / bike 30k / run 8k

Swim - 500m swim
First heat- 7:30 a.m.

Bike - 30k paved asphalt surface.
Hilly, challenging course with fast technical sections.

Run - 8k paved surface

Route maps available on Website
<http://www.teamxtriathlon.com/>

REGISTRATION

All entries must be in no later than May 30, 2010
NO refund on registrations. **NO** late entries

Proof of Tri BC membership required & if non Tri BC Member, \$15 must be received with registration.

Tri BC Member \$80

Non Tri BC Member \$95

Cheque payable to Team X
(no post dated cheques)

Mail Entry Form (front & back)

Connie Hearty
305-3230 Glasgow Ave
Victoria, BC V8X 1M2

Drop Off

Island Runner (Fairfield Plaza)

TIMING

David Kazakoff
(Qualicum Beach Tri, Tri of Compassion)

AWARDS

REFRESHMENTS

FREE MASSAGE

VOICE OF MIKE SUMINSKI



Island Runner / Team X Panorama Classic Triathlon ENTRY FORM

Name _____

Address _____

City _____

Phone _____

Email _____

Tri BC # _____

Age as of
Dec 31/10 _____

Birthdate _____
(M, D, Y)

Club Name: _____

Estimated 500 Swim Time: _____

Triathlon _____ **Duathlon** _____

Age Category:

Male _____ **Female** _____

16-19 ___ 30-34 ___ 45-49 ___ 60-64 ___

20-24 ___ 35-39 ___ 50-54 ___ 65-69 ___

25-29 ___ 40-44 ___ 55-59 ___ 70+ ___

___ Elite ___ Jr Elite

Jacket size (jacket not guaranteed after May 15th)

Male _____ **Female** _____

Athlete with a disability, if yes describe: